**100m**

1. Lauren Cardey 12.94 2007
2. Laura Rogers 13.23 2001
3. Megan Zoller 13.29 2005
4. Jennifer Cardey 13.45 2007
5. Jean Prudenti 13.5 1983
6. Keri Nelson 13.7 1992
7. Kristin Mace 13.73 2001
8. Kendra Whitman 13.8 1992
9. Liliana Hobaugh 13.82 2018
10. Alicia Prince 13.78 2014

**200m**

1. Lauren Cardey 27.64 2006
2. Megan Zoller 28.34 2005
3. Jennifer Cardey 29.29 2006
4. Sydney Greigo 29.62 2014
5. Liliana Hobaugh 29.85 2018
6. Isabella Sarao 30.86 2018
7. Olivia Husted 30.12 2006
8. Olivia Olson 30.12 2006
9. Maija Turjanis 30.98 2015
10. Fiona Crowley 32.07 2018

**400m**

1. Marikka Mehserle 1:02.0 1997
2. Megan Zoller 1:04.0 2005
3. Kendal Martin 1:04.64 2014
4. Laura Rogers 1:05.0 2001
5. Alyanda Franco 1:05.0 1993
6. Alexandra Pearson 1:05.0 2005
7. Keri Nelson 1:06.0 1992
8. Kendra Wittman 1:07.0 1992
9. Cooper Neu 1:07.0 2004
10. Kori Reid 1:08.0 1992

**800m**

1. Cailey Eade 2:24.62 2013
2. Claire Miller 2:32.0 2009
3. Amanda Budge 2:36.0 1995
4. Taylor Hollobaugh 2:37.0 2009
5. Keri Nelson 2:37.0 1992
6. Alexandra Pearson 2:38.0 2005
7. Alynda Franco 2:40.0 1993
8. Lourdes Duran 2:40.0 1991
9. Lisa Thomas 2:43.0 1987
10. Molly Hoff 2:44.0 1991

**1500m**

1. Ashley Augustus 5:15.73 2009
2. Cailey Eade 5:18.95 2013
3. Moriah Cooperson 5:23.0 1994
4. Taylor Hollobaugh 5:24.0 2009
5. Molly Hoff 5:26.0 1992
6. Amanda Budge 5:31.0 1995
7. Lisa Thomas 5:31.0 1987
8. Keri Nelson 5:38.0 1992
9. Lourdes Duran 5:40.0 2008
10. Mackenzie Mills 5:41.0 2008

**3000m Race Walk**

1. Lisa Frank 16.25.0 1987
2. Dawn McKay 17:14.0 1999
3. Ainsley Adams 17:24.25 2018
4. Ashley Augustus 17:54.0 2008
5. Lourdes Duran 18:19.0 1991
6. Taylor Hollobaugh 18:33.0 2009
7. Donna Roscoe 18:53.43 2013

**3000m**

1. Ashley Augustus 11:22.0 2009
2. Mackenzie Mills 12:12.0 2008
3. Molly Hoff 12:27.0 1992
4. Catriona Barry 12:37.0 2012
5. Cailey Eade 13:02.0 2012
6. Ainsley Adams 13:21.63 2018

**100m Hurdles**

1. Maija Turjanis 15.18 2016
2. Scarlett Dalgleish 16.3 1991
3. Olivia Husted 16.89 2007
4. Sophia Marseilles 17.08 2012
5. Mia Oggenfuss 17.60 2016
6. Megan Zoller 18.01 2006
7. Alicia Prince 18.12 2014
8. Kristin Mace 18.18 2001
9. Adrienne Lindsay 18.2 1994
10. Ashley Jorgenson 18.3 1999

**200m Hurdles**

1. Maija Turjanis 31.99 2016
2. Sophia Marseilles 33.00 2011
3. Madison Klungel 33.57 2016
4. Olivia Husted 33.73 2008
5. Kendal Martin 33.74 2014
6. Isabella Sarao 35.52 2018
7. Georgia Morris 36.54 2018
8. Laleh Schaeffer 37.68 2016
9. Mia Oggenfuss 37.92 2016

**High Jump**

1. Susan Jackson 5’ 0” 2003
2. Alicia Prince 4’ 11.75” 1.52m 2014
3. Olivia Husted 4’ 10.25” 1.48m 2007
4. Lauren Cardey 4’ 9.25” 1.47m 2006
5. Sara Kuehl 4’ 9.25” 1.47m 2014
6. Mia Oggenfuss 4’ 9.25” 1.47m 2015
7. Sophia Marseilles 4’ 8” 2015
8. Isabella Oggenfuss 4’ 7” 1.40m 2013
9. Zinta Zarins 4’ 7” 1993
10. Adrienne Lindsay 4’ 7” 1994

**Long Jump**

1. Marikka Mehserle 16’ 8” 1997
2. Laura Rogers 15’ 9.25” 4.80m 2001
3. Scarlett Dalgleish 15’ 7” 1991
4. Jennifer Cardey 15’ 5.75” 4.72m 2006
5. Rachel Williams 15’ 5” 1986
6. Kristin Mace 15’ 4.5” 4.68m 2001
7. Jean Prudenti 15’ 4” 1984
8. Susan Jackson 15’ 2” 2002
9. Lauren Cardey 14’ 7” 4.44m 2006
10. Sydeny Griego 14’ 2” 4.33m 2015

**Triple Jump**

1. Susan Jackson 34’ 6.75” 2003
2. Sophia Marseilles 33’ 2.25” 2012
3. Kori Reid 32’ 11.5” 1993
4. Scarlett Daigleish 32’ 7.5” 1991
5. Claire Miller 32’ 2.5” 2009
6. Mia Oggenfuss 31’ 11.5” 9.74m 2016
7. Jennifer Cardey 31’ 10.25” 9.71m 2006
8. Sydney Griego 31’ 10.25” 9.71m 2016
9. Madison Klungel 31’ 8” 9.65m 2016
10. Kendra Wittman 31’ 0” 1992

**Shot Put**

1. Stephanie Halcrow 39’ 8” 1986
2. Sophia Tinnon 38’ 3.84” 2017
3. Carley Johnson 33’ 7.5” 10.25m 2016
4. Melissa Loper 32’ 3.5” 9.84m 2002
5. Olivia Husted 31’ 7.25” 9.63m 2008
6. Nicole Fisher 28’ 8.25” 1983
7. Jean Prudenti 28’ 1” 1983
8. Kristin Mace 27’ 11” 8.51m 2000
9. Alexandra Pearson 26’ 3” 2005
10. Cassandra Richardson 26’ 2.17” 2017

**Javelin**

1. Kori Reid 121’ 0” 36.88m 1993
2. Stephanie Halcrow 120’ 6” 1986
3. Carly Johnson 100’ 7” 30.66m 2016
4. Molly Hoff 99’ 0” 1992
5. Sophia Tinnon 98’ 5.10” 2017
6. Claire Miller 93’ 0” 28.34m 2009
7. Kendall Martin 92’ 6.5” 28.21m 2014
8. Adrienne Lindsay 85’ 0” 1994
9. Kristin Mace 83’ 10” 2001
10. Amanda Budge 79’ 8” 24.28m 1996

**Discus**

1. Nicole Fisher 103’ 5” 1983
2. Stephanie Halcrow 98’ 6” 1986
3. Carly Johnson 93’ 7” 28.52 2015
4. Sophia Tinnon 93’ .025” 2018
5. Katie Fennell 68’ 0” 1989
6. Melissa Loper 65’ 8” 2002
7. Cassandra Richardson 62’ 1.67” 2017
8. Kristin Mace 52’ 5.5” 2000
9. Mariah Smith 52’ 9.07” 2017
10. Saisha Marroquin 46’ 0” 2001

**4x100m**

1. Prince, Martin, Kuehl, Han 57.65 2014

**Pentathlon**

1. Sophia Marseilles 2018 2012
2. Amanda Budge 1865 1996
3. Ashley Woods 1474 1996
4. Alynda Franco 1445 1993
5. Kristin Mace 1436 2000