**100m**

1. Lauren Cardey 14.16 2003
2. Jennifer Cardey 14.34 2003
3. Susan Jackson 14.48 1999
4. Avery Chambers 15.14 2018
5. Cate Bozzini 15.42 2009
6. Avery Chambers 16.11 2017
7. Rachel Williams 16.33 1981
8. Gracie Hill 16.35 2014
9. Rachel Terrill 16.46 2008
10. Lucy Morris 16.54 2017

**200m**

1. Lauren Cardey 29.85 2003
2. Susan Jackson 29.91 1999
3. Rachel Williams 32.2 1982
4. Avery Chambers 33.61 2018
5. Gracie Hill 34.39 2014
6. Sophia Marseilles 34.56 2008
7. Claire Miller 35.41 2005
8. Juliette D’Eliseo 35.43 2016
9. Cooper Neu 35.63 2001
10. Kylie Schultz-Ponciano 35.88 2004

**400m**

1. Susan Jackson 1:09.71 1999
2. Gracie Hill 1:14.77 2014
3. Jennifer Cardey 1:16.00 2003
4. Avery Chambers 1:17.51 2018
5. Claire Miller 1:20.0 2005
6. Rachel Wiliams 1:20.0 1981
7. Lena Bailo-Lape 1:20.0 2000
8. Cooper Neu 1:121.0 2001
9. Juliette E’Eliseo 1:21.53 2016
10. Sophia Marseilles 1:22.00 2008

**800m**

1. Lourdes Duran 2:45.0 1988
2. Erin Mills 2:57.00 2008
3. Juliette D’Eliseo 2:59.62 2016
4. Susan Jackson 3:00.00 1999
5. Gracie Hill 3:02.83 2014
6. Meghan Brooks 3:08.00 1989

**1500m**

1. Lourdes Duran 5:43.0 1988
2. Nicole Gunderson 5:51.0 2001
3. Sophia Marseilles 6:09.0 2008
4. Juliette D’Eliseo 6:09.52 2016
5. Mia Oggenfuss 7:22.00 2011

**1500m RaceWalk**

1. Lourdes Duran 8:40.0 1988
2. Molly Kidd 8:50.21 2016
3. Donna Roscoe 9:28.00 2009
4. Lisa Frank 9:30.0 1984
5. Ainsley Adams 9:48.29 2014
6. Shelley Halcrow 10:02.00 1986
7. Aileen Savage 10:02.00 1996
8. Isabel Deblois 10:21.00 2011
9. Nicole Gunderson 10:29.00 2001
10. Lucy Morris 10:35.21 2017

**High Jump**

1. Susan Jackson 4’1.25” 1.25m 1999
2. Natasha Beitz 3’10” 1.17m 2014
3. Lucy Morris 3’ 7.31” 2017
4. Sophia Marseilles 3’6” 2008
5. Mia Oggenfuss 3’6” 2012
6. Angelia Oggenfuss 3’4” 1.02m 2014
7. Gracie Hill 3’4” 1.02m 2014
8. Erin Mills 3’4” 2008
9. Kylie Schultz-Ponciano 3’2” 2005
10. Aisley Wallace-Harper 3’0” 2005

**Long Jump**

1. Lauren Cardey 12’ 11.75” 2003
2. Susan Jackson 12’ 0.5” 1999
3. Lauren Cardey 11’ 11” 2003
4. Claire Miller 11’ 5.75” 3.50m 2005
5. Shelley Halcrow 11’ 2.5” 1986
6. Rachel Williams 11’ 1981
7. Natasha Beitz 10’ 10” 3.30m 2013
8. Gracie Hill 10’ 6.75” 3.22m 2015
9. Jessica McKenzie 10’ 5.75” 1993
10. Mia Oggenfuss 10’ 4.25” 2012

**Mini Javelin**

1. Sophia Tinnon 82’ 8” 25.19m 2014
2. Erin Mills 54’ 4” 2007
3. Mia Oggenfuss 47’ 1” 14.36m 2012
4. Aisley Wallace-Harper 46’ 1” 14.06m 2011
5. Gracie DeFina 45’ 10” 2018
6. Sarah Tracy 44’ 5” 2005
7. Sadie Tinnon 42’ 4.75” 2018
8. Claire Miller 38’ 7” 2005
9. Rachel Terrill 37’ 4” 11.38m 2008
10. Kylie Schultz-Ponciano 29’ 3” 2005

**Shot Put**

1. Sophia Tinnon 23’ 9” 7.24m 2014
2. Shelley Halcrow 21’ 2” 1986
3. Sadie Tinnon 20’ 1” 2018
4. Kristin Mace 19’ 8” 1997
5. Susan Jackson 19’ 2.25” 1999
6. Aileen Savage 16’ 10.5” 5.14m 1996
7. Avery Chambers 15’ 11.25” 2018
8. Meghan Brooks 15’ 7.75” 1989
9. Gracie DeFina 15’ 3.5” 2018
10. Dawn Mckay 13’ 2” 1994
11. Sarah Tracy 11’ 5” 2005

**Triathlon**

1. Susan Jackson 1000 1999